## STOMAL THERAPY NURSE.

It is a good idea for an occasional or regular check-up with a Stomal Therapy Nurse (STN). You do not need to be having problems to make an appointment, but it is a good idea to keep ahead of any possible problems. You can also be measured correctly for Support Garments (which are free through the Stoma Appliance Scheme). There are products available to prevent leakages or prevent/treat any problems with your skin, and prevent/support a hernia etc. there's a "fix" for every situation.

## **MONTHLY ORDERS OF PRODUCTS.**

We would like to remind you to try and keep a small supply of your products in reserve at home, but don't keep an over supply. The cost of Stomal Supplies to the Government is over \$90 million per year Australia wide, with each of our members absolutely entitled to this service. It is a wonderful and privileged service and we do not want it jeopardized by over use of products.

## MAXIMUM MONTHLY QUANTITIES OF PRODUCTS.

Please remember each product you receive through the Stoma Appliance Scheme, has a limit to the quantity you are entitled to have. A broad average of products are:-

Closed Pouches - 3 boxes (90 appliances) per month Drainable Pouches - 1 box (30 appliances) per month

Adhesive Remover wipes - 1 box (50 appliances) per month

OR Adhesive Remover Spray - 2 per month

Barrier Wipes - 1 box (60) per month

OR Barrier Spray - 6 per year

Seals - 1 box (30) per month Lubricating Deodorant - 1 bottle per month

Support Garments - Either 3 belts or 6 boxer/ briefs per year

MITROFANOFFS. The same as above for Adhesive spray/wipes and Barrier spray/wipes plus

Catheters- 4 boxes (120) per month Dansac - 4 boxes (200) per month

Night Drainage Bags - 5 per month + Stoma Ace Button 1 per month + Stoma Ace Dressings 1 box (30) dressings

The many other products all have a monthly limit – please ask if you are unsure of your entitlement as different brands vary in quantity per box/bottle.

If you have a problem or illness and require more than your monthly quota, please contact your STN who can authorise extra products by using the form "Application for Additional Stoma Supplies" which can then be forwarded to the appropriate Government Dept.