

# YOU Inc July 2023 - AGM

Yes, it's time again for our AGM however, this year we have changed venues.  
We usually organise a Guest Speaker and Trade Displays at the  
Nurses Memorial Centre however,  
we are postponing that until February 2024.

---

## AGM

When - Saturday, 15th July

Where - Doncaster Shoppingtown Hotel, Doncaster, Williamsons Road, Doncaster

Time - 11am - 2pm ( function room, booked under "Bonnie")

Come and join us for lunch, a coffee or drop in to say hi !  
Everyone is welcome

---

It is also time to vote for our committee members in so if you are interested in being on the committee which involves a few zoom meetings throughout the year, helping at our events and your thoughts and ideas, please let us know via

email [helshae@hotmail.com](mailto:helshae@hotmail.com), privately message Bonnie (admin)  
or Helen (admin) through our fb page or  
phone [0412 144 230](tel:0412144230) Helen and leave a message.

## We would love to have you on board

To all members who have been unwell,  
we hope you are all feeling better and if you need support or advice please ask!  
It's why we're here!

If you would like to become a member of our closed Facebook group (private page),  
please follow the link on our webpage and I will join you – [www.youinc.org.au](http://www.youinc.org.au)

Please also have a read of our website as there is a lot of information, hints and tips from fellow ostomates.

---

## Uganda – sending surplus supplies

We have successfully sent 3 shipments of surplus supplies donated by members within the last financial year to Sarah who very kindly distributes them throughout the villages in Uganda. Sarah's mum is an ostomate.

The Ugandan ostomates are EXTREMELY grateful for these supplies.

This is at no cost to YOU Inc, only our time in boxing them up.

A huge thank you to the Australia Fund who pays for postage.

If you happen to have any spare/unwanted drainable supplies , please let us know.

